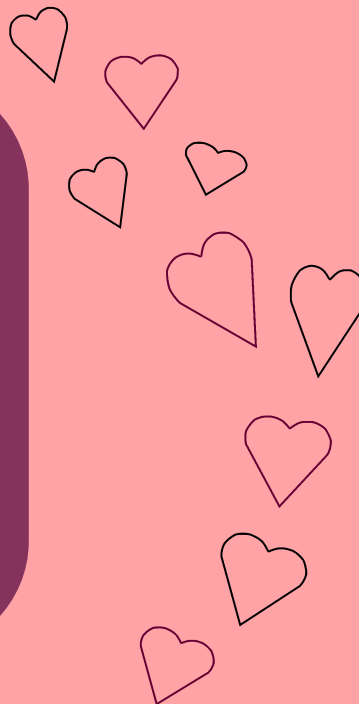


you are the most amazing person!!!

WITH ALL THE SHIFTS & CHANGES OCCURRING IT IS ESSENTIAL TO HOLD A SPACE FOR REMEMBERING HOW TO LOVE YOURSELF AND TAKE A MOMENT FOR YOU! TO CELEBRATE YOU!

JOIN ME FOR A NURTURING GATHERING OF SELF-LOVE PRACTICE, SELF-EMPOWERMENT TEACHINGS, CHANNELED INSIGHTS & ARBONNE SPA PAMPERING FACIALS, SCRUBS & SWEET TREATS. TIME TO LOVE YOURSELF!!!



*Thursday, Aug 25 from 7:00–9:30 pm or
Sunday, Aug 28 from 2:00–4:30 pm (new moon energy!)*

\$10 per person

Location: 31 Glen Rush Blvd, Toronto ON M5N 2T4.

Side door entrance, tons of street parking.

PLEASE CONTACT TARA TO ATTEND EITHER DATE:
(MAXIMUM 10 PEOPLE PER GATHERING)

TARA@TARAHEALINGSANCTUARY.COM OR 647. 991 .9366

Love Yourself Celebration